

WELCOME TO CBIRF

This booklet contains information about relocating to the Indian Head area and important phone numbers you may need. Please visit the following websites for additional information.

<https://www.cbirf.marines.mil/>

<https://www.facebook.com/CBIRF/>

<https://www.facebook.com/groups/cbirfspouses/>

Naval Support Facility, Indian Head

The base is located at the end of Rt. 210 and along the Potomac River in Southern MD. The base is approximately 29 miles south of the District of Columbia, 17 miles west of Waldorf, MD, and 13 miles west of La Plata, MD. The installation has a small NEX for quick essentials but there is no main commissary or exchange on post. The nearest Marine Corps exchange is the MCX Henderson Hall in DC (29 miles / approximately 45 minutes to an hour depending on traffic and time of day). The nearest commissary is located on the Andrews Air Force Base (28 miles / approximately 35 to 45 minutes). There is no gas station on base. The closest gas station is the Dash In (3 miles).

NEX Hours: Mon - Fri 0700-1800; Sat 1000-1600; Sun 1000-1500

In Processing Procedures:

All personnel reporting to CBIRF must report to building 901 aboard Naval Support Facility Indian Head. Upon enter the base, follow the sign along Strauss Ave to CBIRF. The unit address is as follows: 3399 Strauss Ave, Suite 219, Indian Head MD 20640

Be sure to contact your sponsor with any specific question. Ensure you bring your orders and report in your service "A" uniform to S1, room number 238. Make sure your orders are endorsed with date and time of arrival. It is a good idea to bring your travel log as it will assist in filing your travel claim.

Personnel who arrive on the weekend or holiday should have original orders endorsed by the duty officer located in the front lobby of building 901. The contact number is 301-744-2038. The duty cell phone number is 301-728-2072.

If you plan to take leave immediately upon arrival, it is important that you check into the command first.

Reminder: You may contact the Deployment Readiness Coordinator by calling or texting (240) 377-6265 or CBIRF OOD at 301-752-3037 or 301-744-2038 for additional information.

Loaner Locker

CBIRF has some loaner items available for our families PCSing in or out of Indian Head. We have kitchen items, high chair, and pack n play. Reach out to the Deployment Readiness Coordinator or your sponsor to check out these items.

Travel planning and Lodging:

Temporary lodging- there are several hotels in the southern Maryland area that offer per diem rates. Contact any of the locations below or search online for any others not listed.

- **Hilton Garden Inn** 18.07 miles
1038 O'Donnell Place Waldorf, MD 2603
240-222-0000
- **Pentagon Suites** – Outside Front Gate
4085 Indian Head Hwy
Indian Head, MD 20640
- **Country Inn and Suites Waldorf (Pet friendly)** 17.60 miles
2555 Business Park Drive Waldorf, MD 20601
301-645-6595
- **La Quinta Inn Waldorf (Pet friendly)** 20.69 miles
11770 Business Park Drive Waldorf, MD 20601
301-645-0022
- **Best Western La Plata Inn** 17.6 miles
6900 Crain Hwy (Route 301) Waldorf, MD 20603
301-934-4900
- **Holiday Inn Express** 17.05 miles
11374 Days Court Waldorf, MD, 20603
301-932-9200
- **Holiday Inn Express** 15.0 miles
6860 Robert S. Crain Hwy La Plata, MD 20646
301-392-0065

Housing

Base housing is available for Marines and Sailors with dependents. Be sure to check out housing with your previous unit prior to accepting housing in the area. Visit the Liberty Military Housing website at [Liberty Military Housing \(livelmh.com\)](http://libertymilitaryhousing.com). Marine applicants will need to submit your RED from MOL; Navy personnel will need their page 2. If you are issued base housing prior to administrative check in with unit, be aware that you be a cash paying customer and required to pay your rent until your BAH can be applied. The housing is comprised of historic, single family, duplexes, and triplex homes. ADA homes are also available. Amenities at Liberty Housing include playgrounds, basketball court, dog park, community center and pool.

Liberty Military Housing, NSF Indian Head

3964 Welsh St. Bldg. 1659

Indian head, MD 20640

844-650-6214

240-903-1432

Other Base Housing Numbers accessible to Indian Head:

Andrews AFB- 301-981-5334
Fort Bellevue- 202-404-6404
Bolling AFB- 202-562-2631
NSF Dahlgren- 540-663-2190
Fort Belvoir- 888-886-4394

Family/Dependents

Indian Head Child Development Center

450 CDC Drive
Bldg. 1901
Indian Head, MD
Ages: 6 weeks to 5 years
301-744-4485
Visit [MCC \(militarychildcare.com\)](http://mcc(militarychildcare.com)) to register for the CDC.

Indian Head Youth Center

3992 Stark Rd
Bldg. 441
Indian Head, MD
Offers before and after school age care and winter and summer camps.
Ages: 6 to 12 years old
301-743-5456
Visit [MCC \(militarychildcare.com\)](http://mcc(militarychildcare.com)) to register for the Youth Center.

If you are enrolled in the Exceptional Family Member Program (EFMP), contact your installation EMFP representative at Marine & Family Services Center to notify them of your move. The EFMP representative can assist you with any special needs moving questions you may have and can connect you with the gaining installation's EFMP office. Please ensure your EFMP enrollment is up to date as this is your assurance that your family member's needs will be considered during the assignment coordination process.

EFMP Henderson Hall:	http://www.mccshh.com/emfp.html
Program Manager:	703-693-6510
Administrative Support Assistant:	703-693-7195
Family Case Worker:	703-693-4172
Education, Training & Outreach Specialist:	703-693-5353

You are encouraged to visit the nearest Marine & Family services center to receive more information and assistance with your PCS move. The Relocation Assistance Program provides workshops to the PCSing members and designed to assist all service members and their families who are relocating from one duty station to another. A highlight of the program is the [MilitaryINSTALLATIONS: U.S. DOD Military Base &](#)

500 Charles St, La Plata, MD 20646

- **Patient First**
2855 Crain Hwy, Waldorf, MD 20601 Tel: 240-427-1926
- **My Doctor Urgent Care**
177 St Patrick's Drive Suite 101, Waldorf, MD 20603 Tel: 301-396-4444

[Defense Commissary \(DeCA\)](#) (*Indian Head does not have commissary on base, the following are approximately 45 minutes to and hour away*)

- **Bolling AFB Commissary**
185 Chappie James Blvd, Washington DC 20032 Tel: 202-767-4695
- **Andrews AFB Commissary**
1684 Starkey Ave, Camp Springs, MD Tel: 301-541-1370
- **Fort Myer Commissary**
523 Carpenter Road Building 409, Fort Myer, VA 22211
- **Patuxent River NSA Commissary**
22155 Cuddihy Rd, BLDG 2173, Lexington Park, MD 20670

[Nearby Grocery, Department stores, and Malls](#)

- **Food Lion:** (10 minute drive) Bryans Rd
- **Giant Food stores:** (30 minute drive) La Plata, Waldorf and Accokeek
- **Safeway:** (20 minute drive) La Plata
- **Walmart and Target:** (20 minute drive) La Plata
- **The St. Charles Town Center Mall:** (30 minute drive) 11110 Mall Cir, Waldorf, MD, 20603
- **Tanger outlets:** (30 minute drive) 6800 Oxon Hill Rd, Oxon hill, MD 20745

[Schools](#)

Contact the School Liaison for assistance in transferring schools at Lolita.g.gunter.naf@us.navy.mil or

540-653-2070

- Arlington county, VA www.arlington.k12.va.us
- Fairfax County, VA www.fcps.edu
- Falls Church, VA www.fccps.k12.va.us
- Price Williams county, VA www.pwcs.edu
- Washington, D.C. www.k12.dc.us
- Montgomery County, MD www.montgomeryschoolmd.org
- Prince George County, MD www.pgcps.org
- Charles County, MD www.ccboe.com
- King George County, VA www.kgcs.k12.va.us

Useful websites

- **CBIRF Website:** www.cbirf.marines.mil
- **Military Installations:** View articles, photos, major unit listings and contacts for programs and services worldwide.
[Http://apps.militaryonesource.mil/pls/psgprod/f?p=MI:ENTRY:182476121705201](http://apps.militaryonesource.mil/pls/psgprod/f?p=MI:ENTRY:182476121705201)
- **TRICARE:** www.tricareonline.com
- **D-Stress:** 24/7 professional, anonymous counseling for marines, attached sailors and families when its needed most. www.dstressline.com/ 1-877-476-7734

Points of Contact

Deployment Readiness Coordinator	240-377-6265
Chaplain	240-377-6816
H&S – Company Commander	301-744-1093
Bravo- Company Commander	301-744-1068
Alpha- Company Commander	301-744-2009
Reaction Force Company	301-744-1099
S-1 (administration)	301-744-2058
TMO (Henderson Hall)	703-614-7019
Medical/Dental	301-744-4601

