



## CBIRF QUARTERLY NEWSLETTER

# HOTZONE

Fall  
2014



### FROM THE COMMANDING OFFICER

Dear CBIRF families-

I hope this finds each of you well and enjoying the last little bits of summer as we move into autumn. CBIRF has had a busy few months, and we have accomplished quite a bit since our last newsletter.

Your CBIRF Marines and Sailors have traveled far and wide to a number of areas to train for our challenging and difficult mission. In August, Initial Response Force A travelled to Perry, Georgia to participate in Exercise Scarlet Response, a multi-day evolution that severely tested our ability to conduct operations over an extended period, in this case, a seventy-two hour timeframe. You can be proud of your Marines and Sailors, as this was a very tough exercise – tiring, hot, and challenging. The Marines and Sailors assigned to IRF A performed admirably, and I am proud of each and every one of them. You can see CBIRF on the news at this event at the following link: <http://www.cbsnews.com/news/marines-prepare-for-terrorist-attacks-at-disaster-disneyland/>

As we move into the holiday season over the next few months, we have several major family events that will be very exciting and present great opportunities to build camaraderie within our CBIRF Family. On 23 October, we will host our second annual CBIRF Halloween Party and Haunted House – we will turn the CBIRF headquarters into a haunted house and will invite our CBIRF families to take a scary tour of building 901. We will also have games and competitions for the smaller children, a dunk tank for the adults, as well as food and drinks for our guests. There will also be prizes for best kid's costume, best adult costume, and best family/group costume! Our Halloween party will quickly be followed by our celebration of the 239th birthday of our beloved Marine Corps. This year's event will take place at the Hilton Alexandria Mark Center and should be quite the event – your Marines and Sailors have given countless hours of their personal time to help raise money to buy down the cost of the ball, and I am confident it will be a spectacular celebration. Finally, we have begun the initial stages of preparing for our annual Christmas Party on 13 December; ideas are still flowing, so feel free to raise your hand and volunteer to make this a memorable event for all.

In closing, I want to thank each of you for your contribution in helping us accomplish our mission – without the support of our families, it would be impossible for us to do what we do. My wife Robyn and I thank you for your tremendous sacrifice and dedication to your Marine or Sailor. Should you have any questions or concerns, please feel free to contact me or my staff – we are here to assist you.

Semper Fidelis  
Col Steve Redifer

**COMMANDING OFFICER**  
Col Steve Redifer

**SERGEANT MAJOR**  
SgtMaj Brian Taylor

**CBIRF CHAPLAIN**  
Chaplain McDowell  
(301) 744-2017  
(301) 744-2088

**FAMILY READINESS OFFICER**  
Ramona Higgins  
(301) 744-5025 (office)  
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**FAMILY READINESS ADVISOR**  
Robyn Redifer  
(757) 272-1033

**FAMILY READINESS ASSISTANTS**  
Brooke Antczak  
Candy Debusk  
Kira Dentes  
Ashley Poff  
Sherene Ellington

## LOOK INSIDE...



For Information on the CBIRF Halloween Party on October 23<sup>rd</sup>! Fun and games for the whole family!

**SAVE THE DATE**

## *Our Winter Spouse Town Hall*

**The Village Green Pavilion, Indian Head, MD\***  
**January 22<sup>nd</sup> at 6pm to 8pm**

**We'll have our informational town hall meeting  
and for those who chose, we will host a  
superb wine tasting and snacks for your  
palate pleasure.**



*Wine Tasting for a nominal fee  
per person  
(\*for 21 and older)*

**\* The Pavilion is located just outside the base gate by the  
Indian Head Elementary School**

## **CBIRF's Scarlet Response Training Exercise in Georgia**

**July 15-25, 2014**



## **DSTRESS Line – Win Your Personal Battles...**

### **...Did You Know?**

The health and welfare of our Marines, Sailors, their families, and our civilian workers are a top priority for the Marine Corps. The Marine Corps 24/7 DSTRESS Line provides anonymous phone and chat counseling and referral service with a 'Marine-to-Marine' approach. The call center is staffed with veteran Marines and Fleet Marine Force (FMF) Navy Corpsmen who were previously attached to the Marine Corps, Marine spouses and other family members, and licensed behavioral health counselors with specific training in Marine Corps culture.

The target audience consists of Marines, attached Sailors and families. DSTRESS Line's goal is to help callers improve total fitness and develop the necessary skills required to cope with the widely-varying challenges of life in the Corps. Personal identification is not required. Callers are advised that counselors have a duty to contact appropriate authorities when someone is a danger to themselves or others. Counselors will attempt to gain that information if they perceive a threat.

DSTRESS will ensure that all Marines (including single Marines that make up the majority of the Corps), Sailors and their families have availability and access to quality facilities and support programs, as well as resources and benefits that provide a quality standard of living.

The phone number and website for chat access is: **877-476-7734** and  
**[www.dstressline.com](http://www.dstressline.com)**



# CBIRF's 2<sup>nd</sup> Annual HALLOWEEN PARTY!

**Thursday, October 23<sup>rd</sup> 5pm to 10pm · CBIRF Building 901**

**Marines and Sailors will be released on that day once their office spaces are decorated.**

## **Join us for some festive activities!**

- **A Haunted Trail**  
Be prepared to see your nightmares come true and reenactments of your favorite horror film!
- **Costume Contest**  
Prizes will be awarded in three categories: best child (12-year old and under), best family/group costume, and best adult costume.
- **Haunted Office Spaces Contest**  
A 72-hr liberty period will be awarded in two categories: scariest and most creative.

*(Prepare to be scared! Children under the age of 13 are not permitted in the haunted spaces unless accompanied by an adult. All child-friendly events are located on the first floor.)*

**Hamburgers, hot dogs, and grilled chicken sandwiches, along with snacks and non-alcoholic beverages will be available for purchase.**

**Free Halloween sweets and treats for the kids!**

**Plus tons of games for all ages, a dunk tank, and a bounce house!**



## **Dress up in your scariest or most creative costume!**

*Please take note of the dress code: This is a family-friendly event. No bare midriffs, exceedingly low-cut tops, or revealing costumes. If skirts or shorts are higher than 4 inches above the knee, leggings must be worn. No offensive costumes or anything that promotes drugs, alcohol, racism, or sexism. Costume-associated weapons such as swords or faux hand guns must be checked by security at the front entrance of CBIRF.*



# The 239<sup>th</sup> Birthday of the Marine Corps

**Saturday, November 8<sup>th</sup>, 2014  
6pm to Midnight**

The Hilton Alexandria Mark Center  
5000 Seminary Road  
Alexandria, VA 22311  
Tel: (703) 845.1010



*Here's a breakdown of the evening:*

- 6:00 pm – 7:00 pm: Cocktail hour and hors d'oeuvres will be served**
- 7:00 pm – 8:00 pm: Ceremony presentation and guest speaker**
- 8:00 pm – Midnight: Dinner, dessert, and dancing**

*Guest of Honor will be Dr. James T. Averhart, Jr.,  
President, National Montford Point Marine Association*

## Entrée Choices

- Grilled Salmon with Crab Alfredo Sauce
- Chicken Breast Stuffed with Brie, Caramelized Shallots, and Sun Ripened Tomatoes
- Bistro Medallions with Red Wine Reduction
- Mediterranean Vegetable Philo Purse

## Childcare Information

If you're in need of childcare, the licensed agency "Nannytainment" will be providing childcare at \$40 per child from 5pm to midnight. Register now by emailing HM1 Burley at [mikkell.burley@usmc.mil](mailto:mikkell.burley@usmc.mil)  
*Payment is due by October 31<sup>st</sup>.*

## Hotel Parking

Self Daily \$7 • Valet Daily \$14  
Self Overnight \$16 • Valet Overnight \$20

## Nearby Taxis

Blue Top Cabs (703) 578-1111 • Red Top Cabs (703) 522-3333

## Hotel Room Information

For those who desire to reserve a hotel room, call the hotel number above and give the code "CBI" to get your room at the CBIRF discounted rate of \$89 plus taxes. *Deadline for discounted room reservations is October 31<sup>st</sup>.*

Photography will be available on-site. Guests may have their photo taken and then pay for and receive their image on the spot. Any other sizes will be available for purchase online, after the event. The following are available for print at the event.

*Cash and Credit Cards accepted.*

5" x 7" - \$25 for Two

8" x 10" - \$25 each

Wallet Size - \$25 for Eight

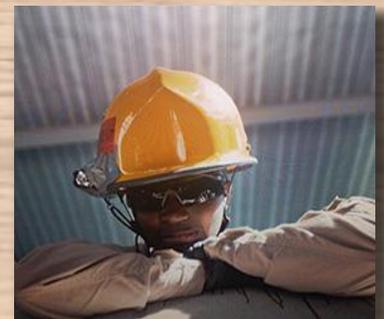
**For questions or more information, email SSgt Lorelli at [joseph.lorelli@usmc.mil](mailto:joseph.lorelli@usmc.mil)**



# CBIRF's PROMOTIONS



- |    |                         |    |                       |
|----|-------------------------|----|-----------------------|
| E3 | ABBEY, DYLAN M.         | E4 | GILBERT, RONALD W.    |
| E3 | ABDULRAHMAN, KAMO A.    | E4 | GRAFF, KIMBERLY G.    |
| E3 | ALBERTSON, BRIAN P.     | E3 | HAGAN, ZACHARY F.     |
| E5 | ALLISON, JAMES R.       | E3 | HARDIN, DUSTIN R.     |
| E3 | AMBROSIO, ZACHARY J.    | E3 | HARTOM, JOEL B.       |
| W3 | ANDERSON, MATTHEW J.    | E3 | HERNANDEZ, DAVID      |
| E3 | ARCELOPEZ, VICTOR M.    | W2 | JUNKINS, CHRISTOPHER  |
| E3 | BAGUSKIS, ALEXANDER S.  | E3 | KACOR, MATTHEW S.     |
| E5 | BALBUENA, GERMAN        | E4 | KELLY, JOSHUA N.      |
| E3 | BARBATO JR, VINCENT P.  | E6 | LORELLI, JOSEPH D.    |
| E3 | BARKER, LEE C.          | E4 | MEJIAJIMENEZ, EDSON   |
| E3 | BARNETT, JOHN N.        | E3 | MORA, ANTHONY M.      |
| E4 | BARNS, CHRISTOPHER R.   | E5 | MYERS, RANDALL L.     |
| E4 | BENITEZ, JOSEPH M.      | E3 | OLSEN, ANDREW B.      |
| E3 | BERMEOESCOBAR, LUIS E.  | E3 | ONTIVEROS, BROCK T.   |
| E3 | BLANCHETTE, JAKE L.     | E5 | OROQUITA IV, RALPH R. |
| E5 | BORUNDA, VALENTIN       | E3 | PORTWOOD, JOEL S.     |
| E4 | BOSSARD, ROBERT C.      | E5 | RIVERA JR, AARON      |
| E3 | BOWEN JR, TIMOTHY S.    | E5 | ROCHLER, GARY E.      |
| E4 | BOYNE, RANDY A.         | O3 | ROYAL, BENJAMIN P.    |
| E3 | BROWN, TRAVIS W.        | E3 | SHORTER, KYLE R.      |
| E3 | BUMBULSKY JR, EDWARD A. | E2 | SIXTOS, ANTHONY       |
| E3 | CARR JR, DAVID A.       | E3 | SOUSA, ALEX           |
| E3 | CHASE, ALEXANDER K.     | E2 | SWANSON JR, JAMES     |
| E3 | CHURCH JR, JAY R.       | E2 | THOMPSON, JARED A.    |
| E5 | CLEAVER, JOHN A.        | E3 | THORNE, JACOB D.      |
| E4 | COPELAND, SHYLA L.      | E4 | TYLER, TRAVIS D.      |
| E3 | CORNETT, PATRICK L.     | E2 | VALENZUELA, VICTOR    |
| E3 | COWELL, SARUNAS A.      | E3 | WAGNER, TYLER R.      |
| E5 | CRADY, COTY A.          | E3 | WEBB, MICHAEL D.      |
| E5 | ELLINGTON, SHELDON O.   | E1 | WORLEY, TRAVIS W.     |
| E4 | GARCESESPITIA, DARIO    | E3 | YANG, TOMMY           |
| E4 | GARRETT, HUNTER M.      | E4 | YENNIE, STEVEN A.     |



## CBIRF's 4<sup>th</sup> Quarter Awards



<b>CWO4 HINES</b>	<b>NAVY AND MARINE CORPS COMMENDATION MEDAL</b>	<b>07/11/2014</b>
<b>SSGT HENRY</b>	<b>NAVY AND MARINE CORPS COMMENDATION MEDAL</b>	<b>07/09/2014</b>
<b>SGT OLSON</b>	<b>NAVY AND MARINE CORPS ACHIEVEMENT MEDAL</b>	<b>09/17/2014</b>
<b>SSGT REID</b>	<b>NAVY AND MARINE CORPS ACHIEVEMENT MEDAL</b>	<b>07/30/2014</b>
<b>CPL TIDWELL</b>	<b>NAVY AND MARINE CORPS ACHIEVEMENT MEDAL</b>	<b>07/10/2014</b>



## ***From the Family Readiness Officer***

*Dear CBIRF Marines, Sailors, and Families,*

*Summer blew by like the wind, and fall is now here, which only means one thing: holiday time will be here in the blink of an eye!*

*This time of year can bring about a string of various emotions... reminiscing of loved ones, missing those who are far away, and the stress of holiday shopping for dinner, gifts, and all that accompany the events this time of year. It also is a time of reflection, thankful moments, and resolutions.*

*It's a challenge to be well-prepared for this time of year, mentally, emotionally, and financially. But early fall is the best time to do it. Sometimes it helps to take some time to focus on ways to really enjoy the holidays:*

- *Start setting aside a few dollars every couple of weeks for Christmas shopping in early December. This shopping decision provides a little less impact on your bank account.*
- *Consider volunteering at a local food shelter. You'll be surprised what a new outlook it can give you, and you'll be helping others.*
- *Send homemade gifts and cards made by the kids to loved ones far away. This is an inexpensive option that touches the hearts of others.*
- *Start thinking of a realistic New Year's resolution. Planning a new and fresh determination helps you look forward to the new year.*

*There are so many things involved when it comes to holiday time, and we barely touched the surface here. Early preparation for the holidays can help offer more enjoyment, good relaxation, and a lot less stress.*

*Again, it is an honor to work with you all and have you as part of our CBIRF family.*

*Ramona Higgins  
Family Readiness Officer*



## **Upcoming Events**

<b>CBIRF Halloween Party</b>	<b>23 Oct</b>
<b>Personal Resiliency Retreat</b>	<b>24-26 Oct</b>
<b>Marine Corps Ball</b>	<b>8 Nov</b>
<b>Veteran's Day Holiday</b>	<b>8-11 Nov</b>
<b>Marriage Enrichment Retreat</b>	<b>14-16 Nov</b>
<b>Thanksgiving Holiday</b>	<b>27-30 Nov</b>
<b>Christmas Holiday</b>	<b>23-25 Dec</b>
<b>New Year's Holiday</b>	<b>30 Dec-1 Jan</b>
<b>Winter Spouse Town Hall</b>	<b>22 Jan</b>

## ***SECO***

### ***Spouse Education and Career Opportunities Program***

Have you heard about **LearningCounts**? **LearningCounts** for the Department of Defense SECO program is a new initiative to help military spouses earn undergraduate college credit for knowledge and expertise gained through life and work experience.

SECO has partnered with CAEL (Council for Adult and Experiential Learning), the national authority on Prior Learning Assessment, to give military spouses the opportunity to earn undergraduate college credit for college-level learning gained from volunteer and community service, work experience, training programs and independent study. And a free specialty phone consultation is available for you!

A SECO specialty consultation is an opportunity for you to speak in-depth with a career counselor to discuss the benefits of this program. They will work with a spouse in sessions of up to an hour long to discuss their education and professional experience as well as their future career and education goals.

If together they determine the spouse would be a good fit for the program, SECO will assist the spouse with the steps to get registered and what to expect throughout the process. Please call **800-342-9647** to schedule your free consultation.

Learn more about LearningCounts @ SECO by visiting <http://seco.learningcounts.org/>

***Hotzone featured photo:  
Colonel Redifer and baby Danica,  
wearing her special gift from him  
and Mrs. Redifer***

